Healthy and fulfilling sexual relationships: what we want to achieve by 2024

The figure below sets out our vision for healthy sexual relationships in LSL, how we will work together to achieve this vision, and the indicators with which we will measure our progress. It is clear that many of these are intertwined. While we will progress many of these objectives collaboratively, our boroughs will have an annual delivery plan which will set out shared and borough-specific actions needed to achieve these objectives in a given year.

Vision

Outcomes

People have healthy and fulfilling

sexual relationships

People in unhealthy or risky sexual relationships are appropriately supported

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Lambeth, Southwark and Lewisham Sexual and Reproductive Health Strategy 2019–24

Objectives	Key In
ure all schools in our boroughs are aware of and propriately referring into our SRH services	Referrals rece to our S
k with education to support evidence-based RSE	A school support of issues appropri
nge of multidisciplinary professionals in healthy sexual nitiating conversations about healthy sexual relationships	Number of prot define
encourage all professionals to discuss healthy al relationships when the opportunity arises	Referrals from par our SF
mote our services to residents and professionals	Number of att SRH servio
sure our SRH services are promoted specifically	Number of re C-card
roups who are at higher risk of poor SRH	% of sexual and pharmacie
ensure appropriate referral to psychosexual services	Number of attenda and other ethn
further integration between sexual health, mental health, substance misuse services for young people	SRH service Number of attend
vide outreach services to reach those most at risk / those marginalised from SRH services	case load at har Number of outrea
ill target prevention activities around chemsex, with particular focus on MSM	at YP's S % of young
arget prevention to those with HIV/ those whose ner has HIV to ensure knowledge of the health risks seroadaptive behaviour / condomless sex	YP spec Number of YP's misuse service for o
sure appropriate referral pathways to other services	Number of individua sessions by R BAME hetero
all our staff are trained to identify and appropriately of female genital mutilation, domestic violence and child sexual exploitation	Number of de training sessio





ndicators

ceived from schools SRH services

offer for RSE, covering priate to the local area

ofessionals trained in ned courses

artner organisations into SRH services

Ittendances at YP's vices across LSL

repeat visits in local rd schemes

d reproductive health cies offer C-card

dances of BAME, mixed, nic groups at adult's /ices across LSL

ndances and sustained arm reduction services

each sites in operation SRH services

g men engaged in cialist services

s and adult substance e users in treatment r chemsex

al and group engagement Rise Partnership for osexuals and MSM

efined safeguarding sions taken by staff





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Good reproductive health across the life course: what we want to achieve by 2024

The figure below sets out our vision for reproductive health in LSL, how we will work together to achieve this vision, and the indicators with which we will measure our progress. It is clear that many of these are intertwined. While we will progress many of these objectives collaboratively, our boroughs will have an annual delivery plan which will set out the shared and borough-specific actions needed to achieve these objectives in a given year.



Outcomes

Reproductive health inequalities are reduced

People effectively manage their fertility/reproductive health, understand what impacts on it, and have knowledge of and access to contraceptives

Unwanted pregnancies are reduced

Knowledge and understanding of reproductive health and fertility are increased

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Aims	
We will improve the uptake of	We will maintair
chlamydia screening and HPV vaccination	We will ensure se
We will reduce subsequent abortions	We will reduce wand ensure that 9
	We will re with particular for
We will ensure there is good access to LARC in the most deprived communities	We will respo whole
	We will ensure th in both primary
We will maintain the reduction in teenage conceptions	We will n ensuring that wor a
	We will review op system for contra
We will ensure that the full range of contraceptive methods is available in a variety of settings, with a specific focus on disproportionately affected groups	We will ensure of co
We will ensure professionals make every	We will reduce pharmacies to contracept
contact count with women of reproductive age, normalising conversations about reproductive health and contraceptive needs	We will train a ra relationships a
	We will cre residents and pr incluc
We will ensure people are informed so as to make the most suitable choice for them	We will wo

Lambeth, Southwark and Lewisham Sexual and Reproductive Health Strategy 2019–24

Objectives	Key Indicators
in chlamydia detection rates above 2,300 per 100,000 aged 15-24	Ectopic pregnancy and PID admissions rates / 1,000
exual and reproductive health services remain integrated, to maintain opportunistic screening	Chlamydia detection rate / 1,000
	Chlamydia proportion aged 15-24 screened
variation in HPV vaccine uptake between our boroughs 90% of girls across LSL have received at least one dose of the HPV vaccine	Services remain integrated in 2024
	HPV vaccination coverage (%)
educe the rate of subsequent abortions by 20%, cus on women identifying as black African or Caribbean	Total rate of subsequent abortions and service level data on abortions by ethnicity
ond to what women have told us and create positive, woman-focused reproductive health services	Abortion rate / 1,000 (all age and u19
nat every woman in LSL can have a LARC method fitted	Teenage conception rate / 1,000 (u16 and u18)
ry care and in SRH services within 4 weeks of booking	Teenage conceptions leading to abortion (%)
make every contact count in contraceptive care, men who are having a LARC removed are fully informed about the options to prevent pregnancy	Creation of women-centred services
about the options to prevent pregnancy	LARC fitting waiting times by setting
otions and opportunities to create a centralised booking aceptive care, in order to utilise capacity more effectively	Access to LARC in all settings where contraception is offered
e all women post-pregnancy are offered a full choice Intraception, including easy booking of LARC	LARC prescribing rate / 1,000
	Creation of centralised booking system
the repeat use of emergency contraception (EC) in to be in line with SRH clinics by ensuring that ongoing tion is proactively offered wherever EC is available	Practice audit and take up rates of contraception a) post-abortion and b) following birth
ange of multidisciplinary professionals in healthy sexual and initiating conversations about reproductive health	Repeat EC rates in a) pharmacy and b) SRH services
eate a co-designed online information resource for professionals to inform decisions around contraception,	Number of professionals trained in defined courses
ding understanding what impacts on fertility	Creation of online information resource
ork with education to support evidence-based RSE	A school support offer for RSE, covering issues appropriate to the local area







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High quality and innovative STI testing and treatment: what we want to achieve by 2024

The figure below sets out our vision for STI testing and treatment in LSL, how we will work together to achieve this vision and the indicators with which we will measure our progress. It is clear that many of these are intertwined. While we will progress many of these objectives collaboratively, our boroughs will have an annual delivery plan which will set out the shared and borough-specific actions needed to achieve these objectives in a given year.

Vision

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Outcomes

LSL sees a reduction in the burden of STIs, in particular among those who are disproportionately affected

Equitable, accessible, high-quality testing and treatment that is appropriate to need

Reduced transmission of STIs and a reduction in repeat infections

Lambeth, Southwark and Lewisham Sexual and Reproductive Health Strategy 2019–24



Objectives	Key I
re continued online provision of STI testing services	Number Sexual
sure SRH services remain integrated, to maintain	Services rema
opportunistic screening	A school suppor issues approp
ork with education to support evidence-based RSE	Number of pr defi
ange of multidisciplinary professionals in healthy sexual	Gonorrhoea dia
and initiating conversations about reproductive health	Chlamydia dete ag
re-establish a decreasing trend in the rate of gonorrhoea diagnosis across LSL	Proportion of y
vill maintain chlamydia detection rates above	Proportio
2,300 per 100,000 aged 15-24	Proportion acce
STI testing rates in young men to that of young women	Proportion of black and m
ncrease syphilis and gonorrhoea testing in MSM	Referrals rece our \$
ease STI testing in black and minority ethnic groups	Number of C-ca
sure all schools in our boroughs are aware of and	% of sexual ar pharmacie
appropriately refer into our SRH services	Reinfection rates
o provide free condoms to young people in our boroughs	Reinfect
	Number
e to integrate partner notification services in STI testing	% late



Indicators

er of local users of I Health London

nain integrated in 2024

ort offer for RSE, covering opriate to the local area

professionals trained in fined courses

agnostic rate per 100,000

tection rate per 100,000 aged 15-24

f STI tests accepted by young men

on of syphilis tests epted by MSM

n of gonorrhoea tests epted by MSM

f STI tests accepted by minority ethnic groups

ceived from schools to SRH services

f repeat visits in local card schemes

and reproductive health ies offer the C-Card

es in young people (15-24)

ction rates in MSM

of local SXT users

e STI diagnoses



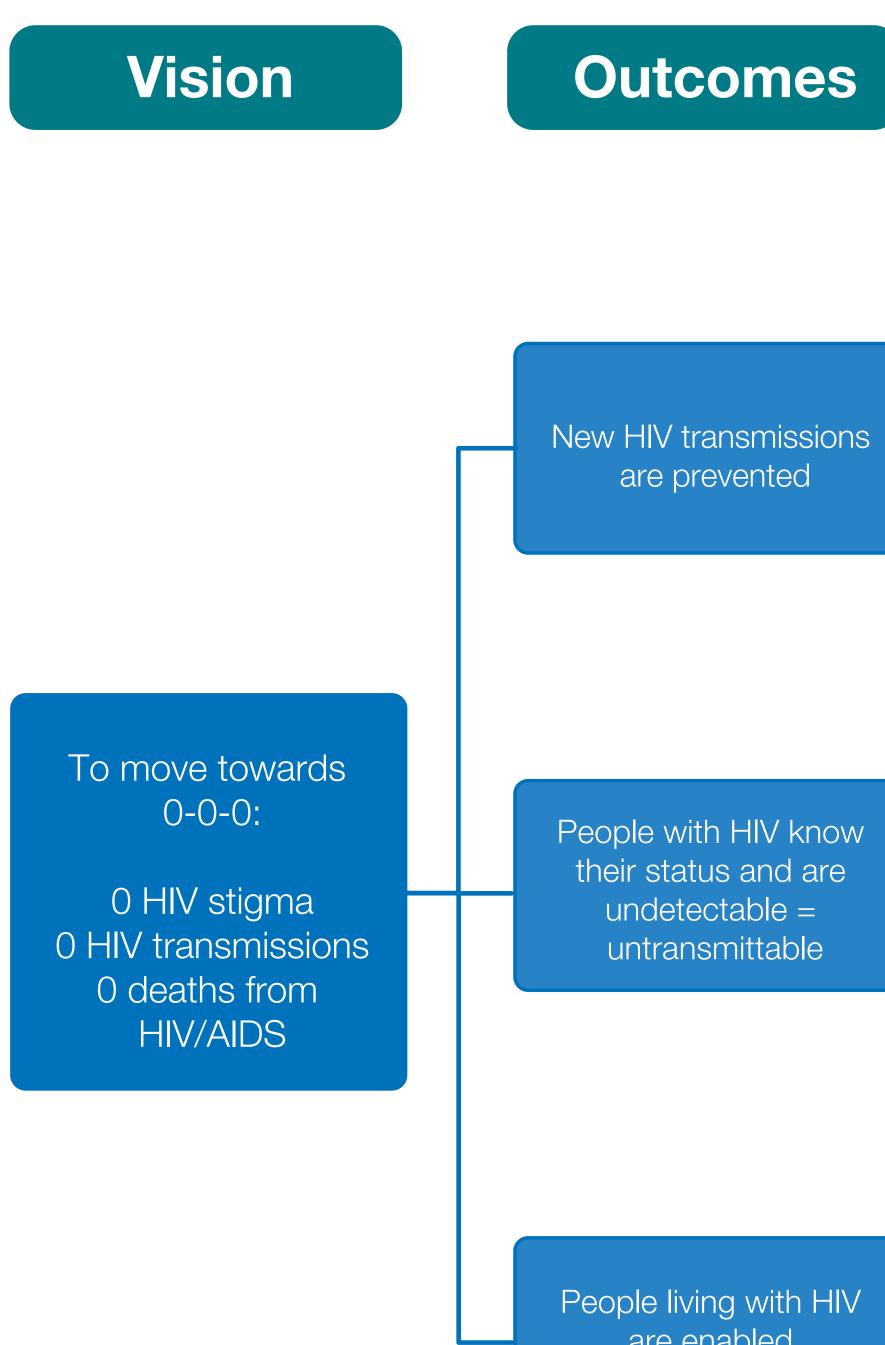


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Living well with HIV: what we want to achieve by 2024

The figure below sets out our vision for improving the lives of PLHIV in LSL, how we will work together to achieve this vision and the indicators with which we will measure our progress. It is clear that many of these are intertwined. While we will progress many of these objectives collaboratively, each borough will have an annual delivery plan which will set out the borough-specific actions needed to achieve these objectives in a given year. London has signed up to the Fast-Track Cities target of 0–0–0 (0 HIV stigma, 0 HIV transmissions, 0 deaths from HIV/AIDS). The vision for Lambeth, Southwark and Lewisham is also to move towards achieving this. Therefore, in addition to the specific indicators listed below, we will look to measure overall progress towards this vision, using any future indicators agreed at a London level.

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are enabled to live and age well

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Aims	
We will take a combination approach to preventing HIV	We will commi at risk popula
	We will mana amplifying preve
We will increase testing	We will target pre have HIV to e
	We will hav
We will increase retention in care	We will maximis variety of channe
	We will work inc
We will improve the quality of life of people living with HIV	We will ensure
	We will wor
	We will sup
We will tackle stigma in our communities	We will wo

	Key In
	Number of re
	STI dia
	umbers of and ra are and A&E initia coverage in sp
	mber of individua ons by sexual he
	for BAME hete Testing cover men a
	Rate and numb
	Rate and num
	Proportion o
	Numbers of th
	Qualitative r stigma
	Quality of life ir
A	school support issues appropi



hdicators

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esidents using PrEP agnosis rates rates of testing in primary ially in addition to testing pecialist SRH services al and group engagement ealth promotion programme erosexuals and MSM

rage in heterosexual and women

ber of new diagnoses

nber of late diagnoses

of residents on ART

hose retained in care

measures on local a from PLHIV

ndicators from PLHIV

t offer for RSE, covering priate to the local area



